

*2026 Elim Women's Retreat*

## *Holding On and Letting Go:*

*Jesus' Call to Service and to Rest*



*Come join Elim Women and friends for a two day getaway filled with Fun, Friends, Food, Fellowship, and Faith... and also laughter, music, and shared life and prayer.*

*We will focus on what it means to obey Christ's call to service while not neglecting obedience to His call to rest.*

### **Date**

April 25-26, 2026

### **Location**

Camp Assiniboia

### **Speaker**

Lois Litz

### **Register by:**

April 12

### **Purpose**

To Grow in Community and in Faith....

***And to have fun!!!!***

### **Questions?**

[Wendy.botkin@icloud.com](mailto:Wendy.botkin@icloud.com)



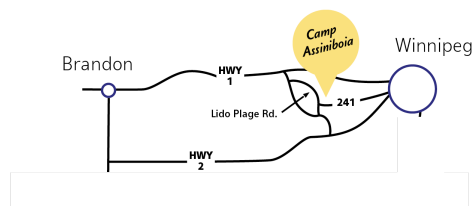
## Getting to know our speaker:

Lois Litz worked for fifteen years as the Spiritual Care Director at Lindenwood Retirement Living in Winnipeg. She has a degree in Theology, a BA in Psychology and a Masters in Pastoral Ministries (Counselling focus)

Lois also worked for several years as an individual and family counsellor in Saskatoon Sk and Pittsburgh PA. She pursued Chaplaincy training with the Canadian Association of Spiritual Care, and is a certified practitioner and presenter of the Myers's Briggs Type Indicator.

Lois is enjoying the freedom of retirement, which gives her time to sing in various Choirs, dote on her two delightful grandsons, and continue to seek God's guidance in this new Chapter of life.

## Finding Your Way



2220 Lido Plage Rd

*"I always underestimate how good it is to get away from normal life and spend time with these great women. Such a good time...."*

Wendy B.

*"I enjoy the laughter"*

Lisa K.

*[some of my favourite memories are] relaxed unrushed conversation where acquaintances became friends, lots of laughter, and thought provoking topics for discussion and prayer."* Betty W.

